

**MINISTRY OF HIGHER EDUCATION, SCIENCE AND INNOVATIONS
OF THE REPUBLIC OF UZBEKISTAN**

MINISTRY OF HEALTH OF THE REPUBLIC OF UZBEKISTAN

KARAKALPAKSTAN MEDICAL INSTITUTE

Registered:
№ 28/5-3/03



EDUCATIONAL PROGRAM ON RUSSIAN LANGUAGE IN MEDICINE

Field of knowledge: 900 000 – Healthcare and Social Security
Field of education: 910 000 – Healthcare
Fields of study: 60910200 – General Medicine

Nukus – 2025

Creators:

Name	Place of work, position, academic degree and title
Yakupova Dina	Assistant teacher of the subject "Russian Language in medicine"

Reviewers:

Name	Place of work, position, academic degree and title
PhD Kalniyazov E.	Head of the Department of "Uzbek language, languages and social subjects"
PhD Allamuratova G.	PhD in Philology, Associate Professor, Department of Russian Language and Literature, Nukus State Pedagogical Institute.

The educational program was developed at the Karakalpakstan medical institute

The educational program of the subject was approved by the № 6 order of the Karakalpakstan medical institute on "22" 01 2026.

Subject code		Academic year	Semester	Credit	
LT1204		2025-2026	1-2	4	
Subject type		Subject language		Lesson hours per week	
Mandatory		English		2	
1.	Subject name		Practical lessons (hours)	Independent work (hours)	Total workload (hours)
	Russian Language in medicine		60	60	120
2.	I. Subject content				
	1.1. The purpose of the module is to acquire language knowledge, development and improvement of speech skills and abilities in the Russian language in relevant areas for students: educational-scientific, professional, and socio-cultural. 1.2. Subject tasks – mastering the basics of scientific speech style (based on textual material in the medical specialty) and methods of term formation in the language of the specialty; mastering the basics of constructing and presenting monologue speech of the description type; forming professional communication skills, conducting a dialogue within the framework of the lexical-thematic minimum, based on the studied logical-grammatical constructions; forming skills and abilities of intellectual work in extracting and processing information from the presented textual material, compiling theses, notes, annotations, summarizing and reviewing; forming skills and abilities in all types of speech activity in the Russian language (within selected topics and situations).				
	II. Results of subject teaching				
	As a result of mastering the subject, the student: - to have an understanding of the specific features of the Russian language module and medical terminology; - to master grammatical elements (nouns used in medical terminology; types of adjectives and verbs according to the adaptation program; prefixes and numerals); - to acquire an active vocabulary of 1,000–1,200 words and word-formation units and be able to use them appropriately; - to develop reading and writing skills in Russian;				

- to translate medical and anatomical, clinical, and pharmaceutical terms and aphorisms into Russian and from Russian.

III. Main theoretical part

3.1. Lectures are not provided.

IV. Instructions and recommendations for practical (seminar, laboratory) classes.

I semester

1-topic.

Foundations of Phonetics (Introductory Course). The alphabet, vowels, and consonant sounds.

2-topic.

Lexical topics and situations: home, family, acquaintance, greetings.

3-topic.

Hard consonant sounds. Word stress. Reduction of the vowel O.

4-topic.

Spelling numerals.

5-topic.

Parts of the human body.

6-topic.

Noun: Grammatical categories. Dictionary form.

7-topic.

Genus masculinum.

8-topic.

Genus femininum.

9-topic.

Genus neutrum.

10-topic.

Communication stereotypes. Possible+infinitive

11-topic.

Personal pronouns. Possessive pronouns.

12-topic.

The category of number of the noun. In the City. Address. Transport.

13-topic.

The Professional Language of a Doctor. The Verb. Present Tense. Conjugation Patterns.

14-topic.

Verbs of motion with prefixes в-(во-); вы-; под-; до-; от-(ото-); с- (со-);
при-, пере-, у-, по-, про-

15-topic.

Final lesson on anatomical terminology.

II semester

1-topic.

The grammatical categories of noun declension.

2-topic.

Nominative case and Genitive case.

3-topic.

Dative case and Accusative case.

4-topic.

Instrumental case and Prepositional case.

5-topic.

The Adjective. Declension of Adjectives. My Interests.

6-topic.

The Past and the Future Tense of Verbs.

7-topic.

The Imperfective and Perfective Aspects of Verbs. The Infinitive.

8-topic.

Adverb. We wish you good health.

9-topic.

The Human Body: Facts and Figures

10-topic.

Doctor-Patient Dialogue. Categories of Pronouns.

11-topic.

Patient's Personal Details. Adverbs of Place.

12-topic.

Lexical topics and situations: studies, work, leisure, telephone conversation.

13-topic.

Health. All professions are important.

14-topic.

Lexical topics and situations: at the clinic, at a doctor's appointment, doctor's recommendations.

15-topic.

Summation of the lexical and grammatical material. Types of pharmaceuticals. Organs.

Practical classes are conducted separately for each academic group in classrooms equipped with multimedia devices. Active and interactive methods, graphic organizers are used in the classes. Handouts and information are transmitted using multimedia devices.

V. Competencies and practical skills acquired in the course of teaching the subject.

5.1. List of competencies acquired in the course of the subject (name, code):

1. UK 1. To know general academic and specialized vocabulary related to the studied medical topics.

2. UK 2. To know the basic grammatical phenomena found in medical scientific literature.

3. UK 3. To be able to use different types of reading in order to extract professionally relevant information from specialized texts.

4. UK 4. To possess basic communicative models for participation in typical situations of professional communication and skills in processing received information (translation).

1. UKK 1. Readiness for oral and written communication in Russian for solving professional tasks.

2. UKK 2. Accuracy in understanding and presenting conceptual topics.

5.2. List of practical skills to be acquired in the course of the subject:

1. Linguistic skills:

- Understanding the basics of Russian grammar and morphology: for correct analysis of terms;

- Ability to read and translate: medical texts, disease descriptions, protocols and scientific articles in Russian.

2. Terminological skills:

- Ability to understand the meaning of terms consisting of Russian roots, prefixes, and affixes;

- Independent learning skills: new medical terms similar to previously learned medical terms;

- The ability to avoid errors: in writing and using medical terms, this is very important for preventing medical errors.

3. Clinical skills:

- Understanding anatomical terms that help in the study of topographic anatomy and surgical surgery;

- Conscious use of Russian terms in working with patients and professional communication.

VI. Self-education and independent work

List of recommended topics for independent study:

- 1 Uzbekistan is a country of great opportunities.
- 2 History of the Development of Medical Terminology
- 3 The Contribution of Central Asian Scholars to the Development of Medicine
- 4 History of Present Illness.
- 5 COVID – 19.
- 6 Blood.
- 7 Bronchitis.
- 8 Main pharmaceutical dosage forms.
- 9 Hypertensive disease.
- 10 A Dialogue Between a Doctor and a Patient
- 11 Comparative characteristics of plant and animal cells
- 12 Bacteria
- 13 The Development of Plastic Surgery at the Present Stage
- 14 Components of a Healthy Lifestyle
- 15 Nanotechnology in Medicine
- 16 Problems of Drug Addiction
- 17 The Development of Transplantation at the Present Stage
- 18 A Doctor is a Special Profession

Recommended forms of independent work:

Recommended independent work on the subject is carried out in various forms in the modular system:

- preparation of information (abstract) on the given topic;
- work and presentations on sections or topics of the discipline on special or scientific literature (monographs, articles);
- creating and solving crosswords;
- preparation of analytical information (essay) on the topic;
- performing independent computational and drawing work;
- performance of artistic and creative work;
- completion of the course work (project);
- preparation of an analytical presentation on a specific topic;
- finding a clear solution to the given problem and its analysis;
- conducting a comprehensive analysis of the given problem, giving it a definition and conclusions;
- conducting experimental work;
- protection of the medical history, preparation of the expert report;
- formation of project work skills by finding solutions to existing problems in practice, preparing tests, discussion questions and assignments;
- preparation of scientific articles, abstracts, and reports; solving non-standard problems of practical content and creative work.

General guidelines and recommendations for organizing independent study

	and independent work: Independent work on the subject is conducted in the classroom and outside the classroom. When organizing student independent work, the following forms are used: - quantitative and qualitative performance of approved practical skills under pedagogical supervision in gyms, simulations, and simulations/centers outside of classroom sessions and reflection in practical skills acquisition notebooks; - conducting conversations and lectures on promoting a healthy lifestyle among the population, the principles of nutrition of children depending on their age and health; - active work with textbooks and educational materials for in-depth study of the covered topic; - preliminary preparation for lectures, practical classes, and exams; - submission of independent educational tasks in the subject (module) within the established timeframe; - constantly keep in mind that assignments are not accepted after the deadline for submitting independent study assignments, and do not allow plagiarism (copying) when completing independent study assignments; - acting in accordance with the collective's overall goal when completing collaborative independent learning tasks in small groups, completing assigned tasks in a timely manner.
3.	VII. Educational technologies and methods used in teaching the subject: • Interactive games; • Seminar (logical thinking, quick questions and answers); • Working in groups; • Adding presentations; • Individual projects; • Projects for teamwork and defense; • Case technology, problem-based learning (PBL, CBL, POL)
4.	VIII. Credit requirements: Complete assimilation of theoretical and methodological concepts related to the subject, correct reflection of the results of the analysis, independent reflection on the studied processes and completion of control tasks and assignments, successful completion of written, oral, test and OSKI assignments by type of control.
5.	IX. List of main and additional educational literature, as well as

information sources:

9.1. Main literature:

- 1) Abdullaeva R.M. Russian Language for Medical Students: Textbook. Tashkent, 2020.
- 2) Turdieva K.Sh., Korshunova T.V., Sodikova Z.Kh., Mekhmonova N.U. Development of Students' Oral Speech: A Textbook on the Russian Language. Tashkent, 2015.
- 3) Turdieva K.Sh., Korshunova T.V., Sodikova Z.Kh., Mekhmonova N.U. Teaching Students Written Speech: A Textbook on the Russian Language. Tashkent, 2015.
- 4) Atajanova A.Sh. Instructional and Methodological Materials in the Russian Language for Medical Students (Scientific Style). Urgench, 2004.

9.2. Additional literature:

- 1) Kurilenko V.B. et al. Russian for Future Doctors: Textbook (Level I Certified). Moscow: Flinta, 2018.
- 2) Samareva L.G., Chernyakevich T.G. Reading Manual for International Students of Medical and Pharmaceutical Universities.
- 3) Ozhegov S.I. Dictionary of the Russian Language. Edited by N.Yu. Shvedova. Moscow: Russian Language Publishing House, 2005.

9.3. Web-sites:

1. www.ziyonet.uz
2. www.edu.uz
3. www.google.uz
4. www.gov.uz

6.	Head of educational methodological department:		N. Abdullaeva
	Dean of faculty:		K. Aytjanov
	Head of department:		E. Kalniyazov